Ask, Document, Care: Critical Questions for a Military Health History
Developed by the AAMC Military History Initiative (MHx) project team
Adapted from the VA Office of Academic Affiliations Military Health History Pocket Card

Goal
To improve the care provided to those with military affiliations (current service members, veterans and their families) by raising awareness of medical doctors and trainees about the health implications of military service and documenting military health history in the patient’s EHR.

Objective
1. To ask as few questions as possible of all patients that will accomplish physicians’ considerations of:
   - The impact of current or past service on the patient’s or family members’ present mental or physical health.
   - Potential changes to the patient’s preventive medicine plan.
   - Referrals to other physicians and services to which he or she is entitled (especially when the patient is underinsured).

The Questions
Have you or someone close to you served in the military?
- Yes
- No

If yes, follow up with:
During what time did you/he/she serve?
Where did you he/she serve?
What do/did you/he/she do in the military?

Has your/his/her military experience affected your:
(If yes to any of the below items, ask, “Can you tell me more about that?”)
- Physical or mental health?
- Family?
- Work?
- Other aspects of your life?

Are you receiving Veterans’ Affairs, Department of Defense, or TRICARE® health care or benefits?
- Yes (tell me more)
- No (offer referral)