Connecting with VA: Resources for Veterans, their Families, and their Providers

Coaching into Care

A VA service to help family members and friends help a Veteran seek VA care. Callers get information on VA services and coaching on talking about treatment needs with the Veteran in their lives.
1-888-823-7458
www.va.gov/coachingintocare

Veterans Crisis Line
1-800-273-8255 PRESS 1

Connects Veterans in crisis and their families and friends with qualified, caring Department of Veterans Affairs responders. Veterans and their loved ones can call 1-800-273-8255 and Press 1.
www.veteranscrisisline.net

VA Caregiver Support

Provides support for caregivers of Veterans and information about services that may be available to them.
1-855-260-3274
www.caregiver.va.gov

MOVING FORWARD
OVERCOMING LIFE'S CHALLENGES

A free, online educational and life coaching program that will help Veterans to better handle life's challenges
www.startmovingforward.org

Learn to manage symptoms that commonly occur after trauma using the PTSD Coach app. Includes information on PTSD, treatments, tools for screening and tracking symptoms, skills to help users, and direct links to support and help.
www.ptsd.va.gov/public/pages/PTSDCoach.asp

Treatment Companion Apps are designed to be used alongside work with a provider in the treatment of insomnia, PTSD, and smoking. These apps were created by the National Center for PTSD and their collaborators and are not intended to replace professional care.
www.ptsd.va.gov/professional/pages/fslist_mobile_apps_pro.asp

National Center for PTSD
Posttraumatic Stress Disorder

VA's center of excellence for research and education on the prevention, understanding and treatment of PTSD.
1-802-296-6300
www.ptsd.va.gov

Community Provider Toolkit

Information on VA services and resources, understanding military culture and experience, and tools for working with a variety of mental health conditions.
www.mentalhealth.va.gov/communityproviders/

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A national, public awareness campaign by the Department of Veterans Affairs that features candid, personal testimonials from Veterans and their loved ones and provides access to local resources.
www.maketheconnection.net

A free online course developed by VA and DoD that provides military and Veteran parents with information and strategies to improve their parenting skills.
www.veteranparenting.org

Readjustment counseling services are available at 300 community-based offices (Vet Centers) across the nation.
1-877-WAR-VETS (927-8387)
www.vetcenter.va.gov

The VA Enrollment Website is the fastest and easiest way to apply for VA care or update your information.
1-877-222-VETS (8387)
www.1010ez.med.va.gov

Each VA medical center has a homeless coordinator and programs that help Veterans establish or maintain safe, stable housing. Call VA's National Call Center for Homeless Veterans (1-877-424-3838), a toll-free hotline available 24 hours, 7 days a week.
www.va.gov/homeless

Toll-free line and website that provide information about health care, dental care, education, and other benefits for OEF/OIF/OND Veterans.
www.oefoif.va.gov

Veterans Employment Toolkit

A toolkit that supports Veterans seeking work and also helps employers support their employees who are Veterans and members of the Reserve and National Guard.
www.va.gov/vetsinworkplace/

VA Campus Toolkit

A toolkit that provides faculty, staff, and administrators resources to support student Veterans by understanding their unique experiences, adjustments, and needs.
www.mentalhealth.va.gov/studentveteran