

LIDOCAINE PATCH 5% (LIDODERM®) UTILIZATION MANAGEMENT CRITERIA

DRUG CLASS:	Topical Anesthetics
Generic (Brand) Name:	Lidocaine patch 5% (Lidoderm) 10x14 cm

FDA-APPROVED INDICATIONS:

- **Pain:** For the relief of pain associated with postherpetic neuralgia.
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COVERAGE AUTHORIZATION CRITERIA for lidocaine patch (Lidoderm):

Lidocaine patch (Lidoderm) is covered for the following conditions:

- Relief of pain associated with postherpetic neuralgia
- Quantities of ≤ 90 patches per 30 days

Lidocaine patch (Lidoderm) is not covered for the following conditions:

- Relief of pain associated with anything other than postherpetic neuralgia

WARNINGS:

Accidental Exposure in Children: Even a *used* Lidoderm patch contains a large amount of lidocaine (at least 665 mg). The potential exists for a small child or a pet to suffer serious adverse effects from chewing or ingesting a new or used Lidoderm patch, although the risk with this formulation has not been evaluated. It is important for patients to store and dispose of Lidoderm out of the reach of children, pets and others.

Excessive Dosing: Excessive dosing by applying Lidoderm to larger areas or for longer than the recommended wearing time could result in increased absorption of lidocaine and high blood concentrations, leading to serious adverse effects. Lidocaine toxicity could be expected at lidocaine blood concentrations above 5 $\mu\text{g/mL}$.

DOSAGE:

Adults: Apply Lidoderm to intact skin to cover the most painful area. Apply up to three patches, only once for up to 12 hours within a 24-hour period. Patches may be cut into smaller sizes with scissors prior to removal of the release liner.

REFERENCES:

[Drug Facts and Comparisons eAnswers](#). Wolters Kluwer. Accessed March 2011.

Lidoderm. DRUGDEX Evaluations. Micromedex 2.0. Thomson Reuters. March 2011.

Lidoderm ® (lidocaine patch 5%) prescribing information. Endo Pharmaceuticals. Chadds Ford, PA. March 2011.