



Adaptive Behavior Treatment (ABT) Request for Continued Authorization

***BCBSNC Behavioral Health Service Administrator**

Please provide the following information,
by fax to **1-888-656-4930, Attention: ABT Support Team**
Phone number for ABT Support Team: 800-359-2422

Member’s Name: -

Member’s DOB: -

Insurance ID#: -

Guardian Name and phone number: -

Agency Name and address: -

Agency Tax ID # and NPI #: -

Agency contact name and phone number: -

Date ABT services began: -

Location of services: - Home Office Community School Other: _____

Current Service Schedule:

Other Services: Speech Therapy Occupational Therapy Physical Therapy

Diagnosis:

Medications:

Allergies:

School Information:

Background Information:

Behavior Reduction Goals (please copy the graph for each of your goals) :

Target Maladaptive Behavior Name	
Definition of behavior	
Function	
Baseline	
Antecedent	
Proactive Strategies	

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Reactive Strategies	
Behavior Reduction Goal	

Enter Graph: -

Progress summary of behavior	
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Adaptive Assessment – You will need to submit scores from an adaptive behavior scale. The most commonly used are the ABAS-3 or the Vineland and, for your convenience, we included space to input the scores for either of these assessments. You can choose to use one these evaluations or an alternative evaluation (ex DAY-C, HELP, etc) in which you would need to modify the domain names below.

ABAS-3 Scoring Information

Categories	Percentile Rank Baseline	Percentile Rank Current	Classification Baseline	Classification Current
GAC				
Conceptual				
Social				
Practical				

ABAS-3 Skill Areas	Classification Baseline	Classification Current
Communication		
Community Use		
Functional Pre- Academics		
Home Living		
Health and Safety		
Leisure		
Self-Care		
Self-Direction		
Social		
Motor		

Vineland Adaptive Behavior Scales, 2nd Edition Scores:

Domain	Baseline Standard Score	Current Standard Score	95% Confidence Interval	Age Equivalent	Adaptive Level
Communication					
Receptive					
Expressive					
Daily Living Skills					

Personal					
Domestic					
Community					
Socialization					
Interpersonal Relationships					
Play and Leisure Time					
Coping Skills					
Motor Skills					
Fine Motor					
Gross Motor					
Adaptive Behavior Composite					
Maladaptive Behavior Index					
Internalizing					
Externalizing					
Other					

- *Baseline Standard Score- this score should never change*
- *Current Standard Score-The standard scores reported have an average of 100 and a standard deviation of 15.*
- *The confidence intervals are a range of scores that reflect a high probability that an individual's true score falls within that range.*
- *Age-equivalents indicate the average age of the individual from the Vineland-II normative sample who obtained the same raw score as the individual currently being assessed.*
- *Adaptive bevels are scored on a 5 point scale from Low to High.*

Skill Acquisition goals (Please copy the chart and enter a new chart for each goal. You are not required to have a goal for every area)

Communication Goal(s)

Goal with mastery criteria	
Definition/Topography	
Baseline Data	
Antecedent	
Current Data	

Optional Graph: -

Progress summary	
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Adaptive Living Skills Goal(s)

Goal with mastery criteria	
Definition/Topography	
Baseline Data	
Antecedent	
Current Data	

Optional Graph: -

Progress summary	
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Socialization Goal(s)

Goal with mastery criteria	
Definition/Topography	
Baseline Data	
Antecedent	
Current Data	

Optional Graph: -

Progress summary	
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Caregiver Training Goals: (Please copy the chart for every caregiver goal. You are required to have and track caregiver goals)

Caregiver goal with mastery criteria	
Definition/Topography	
Baseline Data	
Antecedent	
Current Data	

Optional Graph: -

Progress summary	
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Caregiver goal with mastery criteria	
Definition/Topography	
Baseline Data	
Antecedent	
Current Data	

Optional Graph: -

Progress summary	
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Discharge Criteria:

Transition Plan:

Summary of Member's Progress:

Recommended Services:

CPT Code	Description	# hours per week	Location of Service
0359T	Functional Behavior Assessment		
0360T	Observational behavioral follow-up assessment- 1 st 30 minutes		
0361T	Observational behavioral follow-up assessment- additional 30 minutes		
0362T	Exposure behavioral follow-up assessment- 1 st 30 minutes		
0363T	Exposure behavioral follow-up assessment- additional 30 minutes		
0364T	Adaptive behavior treatment-1 st 30 minutes		
0365T	Adaptive behavior treatment- additional 30 minutes		
0366T	Group adaptive behavior treatment-1 st 30 minutes		
0367T	Group adaptive behavior treatment- additional 30 minutes		
0368T	Supervision of ABA- 1 st 30 minutes		
0369T	Supervision of ABA- additional 30 minutes		
0370T	Family adaptive behavior treatment		
0371T	Multiple-family adaptive behavior treatment		
0372T	Adaptive behavior treatment social skills group		
0373T	Exposure adaptive behavior treatment- 1 st 60 minutes		
0374T	Exposure adaptive behavior treatment- additional 30 minutes		

Additional information for consideration:

Signature with degree/licensure: _____