

24-Hour Nurseline

Health Line BlueSM 24-hour health information resource!

Your child has a fever. What are your options? Your doctor has recommended surgery. Do you know what to expect? With Health Line Blue, the answers are just a phone call or click away.

It's like having your own personal nurse

Our specially trained Health Line Blue nurses can answer your medical questions, offer support, and send you educational videotapes and brochures on many health topics. They can also help you partner with your doctor to make informed decisions and assist you in navigating the health care system.

Phone and online access

You can access Health Line Blue through our toll-free number or online in the Blue Extras section of **bcbsnc.com**. Access the "Dialog Center" to search the Healthwise®1 Knowledgebase library of current health information; send secure messages to Health Line Blue nurses; track symptoms and medications; and discover tools to guide you through important health care decisions. There's no simpler way to get the information you need to take control of your health.

For more information on Health Line Blue, call toll free **1-877-477-2424** or visit **bcbsnc.com**.

All Blue Extras programs may not apply to all health plans. BCBSNC may change or discontinue these programs at any time. BCBSNC provides this program for your convenience and is not liable in any ways for the goods or services received. Due to specific group contracts, your employer group may not participate in Health Line Blue at this time. Contact your benefits administrator or BCBSNC Customer Service to determine your eligibility. An independent licensee of the Blue Cross and Blue Shield Association. ®, SM Marks of the Blue Cross and Blue Shield Association. SM 1 Mark of Blue Cross and Blue Shield of North Carolina. ®1 Mark of Healthwise, Inc.

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