

2010 –Step Therapy Medications

Step Therapy Group Description	Step Therapy Sequence	Step Therapy Criteria
Proton Pump Inhibitor (PPI) Preferred Drug Step Therapy	Step 1 PPIs: <ul style="list-style-type: none"> • Omeprazole • Lansoprazole • Pantoprazole • Omeprazole/sodium bicarbonate • Nexium 	Step 1 medications are covered at the point of service. Patient must have tried at least one Step 1 drug (generic omeprazole, generic lansoprazole, generic pantoprazole, generic omeprazole/sodium bicarbonate, or Nexium) and experienced either intolerance (i.e., sensitivity, drug allergy, or adverse effect) or therapeutic failure to treatment with the Step 1 drug BEFORE a Step 2 drug (Aciphex, Dexilant/Kapidex, Prevacid SoluTab, Protonix packet for suspension, Zegerid packet) will be covered. Patients on concurrent clopidogrel (Plavix) - claim for Plavix within 45 days of last date of service - will not be required to try a Step 1 drug before a Step 2 drug is covered.
	Step 2 PPIs: <ul style="list-style-type: none"> • Aciphex • Dexilant/Kapidex • Prevacid SoluTab • Protonix packet for suspension • Zegerid packet 	
Nasal Steroid Preferred Drug Step Therapy	Step 1 nasal steroids: <ul style="list-style-type: none"> • Flunisolide • Fluticasone propionate • Nasonex 	Step 1 medications are covered at the point of service. Patient must have tried at least one Step 1 drug (generic flunisolide, generic fluticasone propionate, or Nasonex) and experienced either intolerance (i.e., sensitivity, drug allergy, or adverse effect) to treatment with the Step 1 drug OR the Step 1 drug was ineffective after an adequate trial of therapy BEFORE a Step 2 drug (Beconase AQ, Nasacort AQ, Omnaris, Rhinocort Aqua, Veramyst) will be covered. Patients on protease inhibitors - claim within the previous 180 days - will not be required to try a Step 1 drug before a Step 2 drug is covered.
	Step 2 nasal steroids: <ul style="list-style-type: none"> • Beconase AQ • Nasacort AQ • Omnaris • Rhinocort Aqua • Veramyst 	

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